






# February 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> 9-11 am <b>Coffee &amp; Chat</b> 10-11 am <b>Line Dancing</b> 12 pm <b>Potluck Lunch</b> 1-3 pm <b>Games</b>	<b>31</b> 12-1 pm <b>VON SMART Exercise</b>	<b>1</b>	<b>2</b> 12-1 pm <b>VON SMART Exercise</b> 	<b>3</b>
<b>6</b> 9-11 am <b>Coffee &amp; Chat</b> 10-11 am <b>Line Dancing</b> 1-3 pm <b>Paint Afternoon – Snowy Gnome *Sign-up</b>	<b>7</b> 12-1 pm <b>VON SMART Exercise</b>	<b>8</b>	<b>9</b> 12-1 pm <b>VON SMART Exercise</b>	<b>10</b> 1-4 pm <b>Community Kitchen - \$8 Hamburger Soup</b>
<b>13</b> 9-10 am <b>Planning Meeting</b> 10-11 am <b>Line Dancing</b> 1-3 pm <b>OPP Presentation – Fraud</b>	<b>14</b> 12-1 pm <b>VON SMART Exercise</b> 	<b>15</b>	<b>16</b> 12-1 pm <b>VON SMART Exercise</b>	<b>17</b>
<b>20</b>  <b>FAMILY DAY</b> NO OASIS PROGRAMMING	<b>21</b> 12-1 pm <b>VON SMART Exercise</b>	<b>22</b>	<b>23</b> 12-1 pm <b>VON SMART Exercise</b>	<b>24</b> 1-4 pm <b>Community Kitchen - \$8 Chicken Pot Pie</b>
<b>27</b> 9-11 am <b>Coffee &amp; Chat</b> 10-11 am <b>Line Dancing</b> 12 pm <b>Potluck Lunch</b> 1-3 pm <b>BINGO</b>	<b>28</b> 12-1 pm <b>VON SMART Exercise</b>		<b>Contact:</b> Riley Malvern <a href="mailto:riley.malvern@queensu.ca">riley.malvern@queensu.ca</a> 343-363-5714	<b>Contact:</b> Simone Parniak <a href="mailto:simone.parniak@queensu.ca">simone.parniak@queensu.ca</a> 343-364-6015



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## Special Notes for Programming this Month

### New Program Coordinator

In February, the process for hiring a new program coordinator will continue. You will be kept informed of any progress. Please note that the activities on the February calendar may be subject to change due to the hiring process. If any activities do need to change or be rescheduled, information about any changes will be shared via updated calendars, email, phone, and the Facebook group.

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### February Activities

During this transition period, Riley will come to the rec centre on Mondays to facilitate programming.

**Coffee & Chat:** Join us for some coffee and casual conversation!

**Line Dancing:** Bring your dancing shoes and learn how to line dance!

**Potluck Lunch:** A sign-up sheet for February will be available in the rec hall.

**Games:** Join the group for a fun afternoon of games!

**BINGO:** Join us in the rec hall for an afternoon of BINGO!

**Oasis Planning Meeting:** We will chat about the March calendar and any updates related to the hiring of a new program coordinator.

**Paint Afternoon:** This month we will be using a video tutorial to paint the snowy gnome (pictured right). Painting supplies will be provided by Oasis. Please add your name to the sign-up sheet in the rec hall if you are interested so we can ensure there are enough supplies available.



**Community Kitchen:** If you are signed up for Community Kitchen, please bring your \$8 with you on scheduled Fridays for your meal. Please note that Oasis staff will not be present for Community Kitchen this month.