

July 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Canada Day 1 NO OASIS – Holiday Closure	2	3 NO OASIS - Tiffany Holiday	4	5 NO OASIS - Tiffany Holiday	6	7
National Be a Kid Again Day 8 9:00 – Coffee & Chat 10:00 – Exercise 12:00 – Tiffany Meeting until 1pm 1:30 – Be A Kid Again Fun Day	9	10 9:00 – Coffee & Chat 10:00 – Alarm Systems Guest Speaker	11	12 NO OASIS – Kingston Oasis Team Meeting	13	14
15 9:00 – Coffee & Chat 10:00 – Exercise 1:00 – BINGO	16	17 9:00 – Coffee & Chat 10:00 – Line Dancing	18	19 9:00 – Coffee & Chat 10:00 – Exercise 1:00 – Social Gathering	20	21
22 9:00 – Coffee & Chat 10:00 – Exercise 12:00 – Movie & Munch	23	24 9:00 – Coffee & Chat 10:00 – Planning Meeting 11:00 – Line Dancing	25	26 9:00 – Coffee & Chat 10:00 – Exercise 1:00 – Hawaiian Christmas in July	27	28
29 9:00 – Coffee & Chat 10:00 – Exercise 12:00 – Potluck Lunch 1:15 – BINGO	30	31 9:00 – Coffee & Chat 10:00 – Line Dancing				
				Tiffany Kiddle Oasis On-site Coordinator Tiffany.kiddle@queensu.ca 613-453-5781		

NEW

Be A Kid Again Fun Day

Let's take a trip down memory lane! Join us in dressing up as you did as a kid (5-12yrs old) and prepare to have a fun-filled afternoon with flashback games to your childhood. Feel free to let Tiffany know some of your favourite childhood treats and games to ensure we incorporate everyone's idea of fun!

Alarm Systems Guest Speaker

Come and learn about the personal emergency response devices available to keep yourself or your loved ones safe. Have peace of mind when you are out knowing your loved one has a lifeline available to ask for help!

Social Gathering

Join us for some light snacks, refreshments and socialization!

PROGRAMS

Movie & Munch

We will be watching "80 for Brady". Four best friends live life to the fullest when they embark on a wild trip to see their hero, Tom Brady, play in the 2017 Super Bowl. Feel free to bring your own lunch or let Tiffany know by 12pm on Friday July 19th if you would like pizza provided by Oasis.

Hawaiian Christmas in July

Dress in your Hawaiian attire and join us for this fun afternoon filled with light snacks, refreshments, games and more! We will be doing a \$10 gift exchange for those who wish to participate! Bring a gift worth \$10 wrapped and have the chance to pick, keep or steal from those around you!

