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# November 2024

| Monday   | Tuesday | Wednesday   | Thursday | Friday  | Saturday | Sunday |
|--|---------|---|----------|---|----------|--------|
|  |         |   |          | 1   | 2        | 3      |
|  |         | 9:00 – Coffee & Chat<br>10:00 – Line Dancing<br>11:00 -<br>Knitting/Crocheting Club |          | 9:00 – Coffee & Chat<br>10:00 – Exercise<br>11:00 – <b>Excursion: Senior’s Expo in Batawa</b> |          |        |
| 4  | 5       | 6   | 7        | 8   | 9        | 10     |
| 9:00 – Coffee & Chat<br>10:00 – Exercise<br>1:00 – <b>Movie and Munch Featuring<br/>The Best Exotic Marigold Hotel</b>   |         | 9:00 – Coffee & Chat<br>10:00 – Line Dancing<br>11:00 -<br>Knitting/Crocheting Club |          | 9:00 – Coffee & Chat<br>10:00 – Exercise<br>1:00 – <b>Community Kitchen</b>                   |          |        |
| 11   | 12      | 13  | 14       | 15  | 16       | 17     |
| 9:00 – Coffee & Chat<br>10:00 – Exercise<br>1:00 - BINGO<br>Remembrance Day  |         | 9:00 – Coffee & Chat<br>10:00 – Line Dancing<br>11:00 – <b>Planning Meeting</b>     |          | 9:00 – Coffee & Chat<br>10:00 – Exercise<br>1:00 – <b>Darts and Board Games</b>               |          |        |
| 18   | 19      | 20  | 21       | 22  | 23       | 24     |
| 9:00 – Coffee & Chat<br>10:00 – Exercise<br>1:00 – <b>High Tea and Treats</b>  |         | 9:00 – Coffee & Chat<br>10:00 – Line Dancing<br>11:00 -<br>Knitting/Crocheting Club |          | 9:00 – Coffee & Chat<br>10:00 – Exercise<br>1:00 – <b>Community Kitchen</b>                   |          |        |
| 25   | 26      | 27  | 28       | 29  |          |        |
| 9:00 – Coffee & Chat<br>10:00 – Exercise<br>12:00 - <b>Potluck Lunch</b><br>1:00 - BINGO   |         | 9:00 – Coffee & Chat<br>10:00 – Line Dancing<br>11:00 -<br>Knitting/Crocheting Club |          | 9:00 – Coffee & Chat<br>10:00 – Exercise<br>1:00 – <b>Winter Crafternoon</b>                  |          |        |



# NEW

## Senior's Expo in Batwawa

Oasis members will be attending the Senior's Expo at the Batawa Community Centre following our morning exercise on Friday, Nov. 1<sup>st</sup>. The address is 81 Plant Street, Batawa K0K 1E0. **Transportation will need to be arranged by members if attending.**

## High Tea and Treats

Warm up with a cup of tea and tasty treats. Please bring your own teacup and your high tea bonnet if you have one! You're welcome to bring something to share.

## Winter Crafternoon

Join us for a cute winter craft you can use to decorate your home this season.



## Movie & Munch

Come out to enjoy a movie afternoon with popcorn and friends on Monday, November 4<sup>th</sup>. We will be watching *The Best Exotic Marigold Hotel*. This is a comedy about seven British seniors lured to a rundown hotel in India that doesn't match its beautiful brochures.

## Potluck Lunch

Everyone is welcome to attend on November 25<sup>th</sup> and is encouraged to bring whatever they would like to contribute. Sign up in the Rec Centre if possible or message Lauren.

## Community Kitchen

There will be two community kitchens this month. Sign-up in the Rec Centre. The cost is \$10 per person. Please pay Lauren by the Monday prior. Nov. 8 menu: Pork tenderloin, mashed potatoes, carrots, coleslaw, dessert. Nov. 22 menu to be determined.



**Oasis**  
SENIOR SUPPORTIVE LIVING

# PROGRAMS