



Lauren Gibson
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October 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2 9:00 – Coffee & Chat 10:00 – Line Dancing 11:00 – Monthly Planning Meeting	3	4 9:00 – Coffee & Chat 10:00 – Exercise 1:00 – Community Kitchen and Games Afternoon	5	6
7 9:00 – Coffee & Chat 10:00 – Exercise 1:00 – Guest Speaker – Paul Cooney of Rushnell Funeral Homes	8	9 9:00 – Coffee & Chat 10:00 – Line Dancing 10:00 – Knitting/Crocheting Club	10	11 9:00 – Coffee & Chat 10:00 – Exercise 1:00 – Trivia with Snacks & Prizes	12	13
14 No Oasis Holiday Closure Happy Thanksgiving!	15	16 No Oasis Lauren Away	17	18 No Regular Oasis Programming OASIS DATA COLLECTION	19	20
21 No Regular Oasis Programming OASIS DATA COLLECTION	22	23 No Oasis Lauren Away	24	25 9:00 – Coffee & Chat 10:00 – Exercise 1:00 – Cricut Creations with Kathryn Lauren Away	26	27
28 9:00 – Coffee & Chat 10:00 – Exercise 12:00 – Halloween Party Potluck 1:00 – Family Feud Game!	29	30 9:00 – Coffee & Chat 10:00 – Line Dancing 10:00 – Knitting/Crocheting Club	31 Happy Halloween 			

NEW

Guest Speaker: Paul Cooney of Rushnell Funeral Homes

Paul will be coming into the Kenron Rec Centre to give a short presentation and answer any questions you may have about end-of-life planning, documentation filing, and how you or your loved ones can ease the stress in the event of a death in the family.

Trivia with Snacks and Prizes

Come out for team or solo trivia. There will be three rounds: general knowledge, a themed round, and music trivia. Prizes to be won along with snacks for all.

Halloween Party Potluck & Family Feud Game

Costumes are optional (but encouraged) for this Halloween themed potluck lunch! Sign-up in the Rec Centre to list what you'll be bringing, or just come on in on the 28th with your favourite potluck dish.

We will be playing a Family Feud style game afterwards!

Community Kitchen & Games

This month's community kitchen is making lasagna, Caesar salad and garlic bread with lemon tarts for dessert!

There is a \$10 fee to participate so please sign up in the Rec Centre or contact Lauren!

Anyone who is not interested in cooking is welcome to come use the Centre for board game fun!

Cricut Creations with Kathryn

Kathryn will be bringing the Cricut to Kenron to help with Oasis sweater, tote bag, and apron making. See or contact Lauren to sign-up and order your choice of item by Wednesday, October 9th at 11 am or bring your own to work with!

Oasis Data Collection

Christina will be coming from Kingston to collect Data for the Oasis Evaluation and Expansion Project. Please stay tuned for more information.

PROGRAMS



Oasis
SENIOR SUPPORTIVE LIVING